

What's On Guide

Dementia Friendly West Berkshire

OCTOBER 2026

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Phone: 0118 959 4242 Email: info@ageukberkshire.org.uk Website: www.ageukberkshire.org.uk

MONDAYS			
Ageing Creatively Coffee and Click	9:30am-12pm Every Mon	The Lodge, Newbury Racecourse, Racecourse Rd, RG14 7NZ	Free, no booking required. 01635 522733 getinvolved@cornexchangenew.org.uk
Ageing Creatively Community Cafe	1-2:30pm Every Mon	Theale Library, Church St, Theale, RG7 5BZ	Free, no booking needed. 0118 930 3207 thealelibrary@westberks.gov.uk
Cribbage Club	2-4pm 1st Mon of month	Pangbourne Working Men's Club, Whitchurch Rd, Pangbourne, RG8 7BS	Contact Di 07971 226548
TUESDAYS			
The Camellia Club - for people with Dementia	10am-3pm Tues & Thurs	Fair Close Centre, Newtown Road, Newbury, RG14 7BH	Music, craft, activities, lunch. £65/day, £20/1.5 hrs. Call Fay 07938 023256
One Voice Community Choir	10:15am-12pm Every Tues	Pangbourne Working Men's Club, Whitchurch Rd, RG8 7BS	£2 each Contact Di 07971 226548
Singing for the Brain	10:30am-12pm 1st & 3rd Tues/month	Kennet Valley Free Church, RG31 7YT	Call 0118 959 6482 berkshire@alzheimers.org.uk
Hungerford Dementia Cafe	10:30am-12pm 2nd Tues/month	The Bear Hotel, 41 Charnham St, Hungerford, RG17 0EL	£3 each. Book & info: 07384 514277 tamsinHUDSON@bluebirdcare.co.uk
Nature Memories Cafe	10:30am-12:30pm 3rd Tues/month	Berks Bucks & Oxon Wildlife Trust, Nature Discovery Centre, Muddy Ln, Lower Way, Thatcham, RG19 3FU	Free. Booking required: 01635 874381 www.bbowt.org.uk
Seated Exercise & Wellbeing with Get Berkshire Active	11:15-11:45am Every Tues	Fair Close Centre, Newtown Road, Newbury, RG14 7BH	£1 per person. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Seated Exercise & Wellbeing with Get Berkshire Active	1-1:30pm Every Tues	Mortimer Library, 27 Victoria Rd, Mortimer Common, RG7 3XD	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Sing 55	2-3:30pm Weekly	Corn Exchange Learning Centre, Winchcombe Hse, 123-126 Bartholomew St, N'bury, RG14 5BN	£4.50 per session, to book: 01635 522733 www.cornexhangenew.com/events



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WEDNESDAYS

Maintenance Cognitive Stimulation Therapy with Age UK Berkshire	10-11:30am 2nd & 4th Weds/month	Jubilee Annexe, Calcot Centre, Highview, RG31 4XD	£5 per person, preassessment required. dfwberkshire@ageukberkshire.org.uk . Need to attend with support/carer
Community Cafe at Select Car Leasing Stadium with Age UK Berkshire	10am-12pm Every 3rd Weds/month	Player's Lounge, Select Car Leasing Stadium, Reading	Free. Booking required. Email dfwberkshire@ageukberkshire.org.uk
Rosemary Cafe	10:30-11:45am 1st Weds/month	Fair Close Centre, Newton Road, Newbury, RG14 7BH	£2.50 per head. 01635 953669 or email ffreemantle@fairclosecentre.org
Memory Cafe	10:30am-12pm 3rd Weds/month	Corn Exchange Balcony Bar, Market Place, Newbury, RG14 5BD	Pay what you can. Book: 01635 522733. getinvolved@cornexchangenew.org
Dementia Friendly Cinema	11am 2nd Wed/month	Corn Exchange, Market Place, Newbury, RG14 5BD	Book: 01635 522733. getinvolved@cornexchangenew.org
Get Berkshire Active - Seated Exercises	11:30am-12pm Every Weds	Inkpen Village Hall, Upper Green, RG17 9QH	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Seated Exercise & Wellbeing with Get Berkshire Active	1-1:30pm Every Weds - term time only	Hungerford Library, 2 Church St, Hungerford, RG14 0JG	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Wellbeing Wednesdays	1:45-3:15pm Every Weds	City Arts, 10 Hampton Road, Newbury, RG14 6DB	Free, drop in with hot drinks. To book visit www.cityartsnewbury.org
Seated Exercise & Wellbeing with Get Berkshire Active	2:30-3pm Every Weds - term time only	Thatcham Community Larder, Frank Hutchings Hall, Bradley Moore Sq, RG18 4QH	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Evergreen Fellowship Worship, speaker, friendship, tea.	2:30-4:30pm Every 4th Weds/month	Wesley Hall, Newbury Methodist Church, RG14 1AN	Free, donations welcome 07444 851606 karen.f@bhbcircuit.org.uk
Seated Exercise & Wellbeing with Get Berkshire Active	3:30-4pm Every Weds - term time only	Theale Library, Church St, Theale, RG7 5BZ	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Gentlemen's Club	3:30-4:30pm Every Weds	Winchcombe Place, Maple Crescent, Newbury, RG14 1LN	Free. Call 01635 897884 or email emily.swatton@careuk.com
Seated Yoga & Mindfulness with Get Berkshire Active	6-7pm Every Weds	Dorman Room, Horseshoe Rd, Pangbourne, RG8 7JH	£2 per person. Info & registration: 07706 357801 kate.wiggins@getberkshireactive.org

THURSDAYS

Community Garden Drop In	10am-12:30pm Every week	Community Garden, Shaw House, Church Road, Newbury, RG14 2DR	amy.bosley1@westberks.gov.uk
Stitch & Sew	10-11:30am Every Thurs	Corn Exchange Balcony Bar, Market Place, Newbury, RG14 5BD	Free, no booking required. 01635 522733. getinvolved@cornexchangenew.co.uk
The Camellia Club for people living with dementia/respite care	10am-3pm Tues & Thurs	The Fair Close Centre, Newtown Road, Newbury, RG14 7BH	Fun, music, craft, lunch. £65/day or £20/1.5hrs. Call Fay 07938 023256 or camellioclub@fairclosecentre.org
Coffee Companions	10:30am-12pm Every Thurs	Corn Exchange Cafe Bar, Market Place, Newbury, RG14 7BD	Free no booking required. 01635 522733. getinvolved@cornexchangenew.co.uk

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THURSDAYS Cont:

Community Board Games Fun and nostalgia	10:30am-12:30pm 1st Oct	Winchcombe Place, Maple Crescent, Newbury RG14 1LN	Call Emily 01635 275400 Emily.Swatton@careuk.com
Lambourn Friendship Cafe	10:30am-1pm Last Thu/month	Memorial Hall, Lambourn, RG17 8PX	Call Julie 07840 780345 julieblogg@hotmail.co.uk
Seated Exercise & Wellbeing with Get Berkshire Active	11:15-11:45am Every Thurs	Blands Court, Reading Road, Burghfield Common, RG7 3BZ	Free. Call Kate 07706 357801 kate.wiggins@getberkshireactive.org
Community Board Games	2-4pm 8th Oct	Newbury Grove, 370 London Rd, Newbury, RG14 2QH	Book: 01635 918670 julie.howick@careuk.com
Thursday Hub	2-4pm 3rd Thurs/month	The George Hotel, Pangbourne, RG8 7AJ	Contact Di 07971 226548
Community Cafe Cake and refreshments	2-4pm Every Thurs	Stoneham Grove Care Home, Long Lane, RG31 5UG	Free. Call Chelsea 01182 054950 Chelsea.Harris@barchester.com
Vintage Adventure Fun, friendship, worship, refreshments	2:30-4pm 3rd Thurs/month	Thatcham Methodist Church, Chapel Street, RG18 4QL	Free. 07444 851606 karen.f@bhbcircuit.org.uk

FRIDAYS

Singing for Recovery	9:45-11am Weekly	Corn Exch. Learning Ctre, Winchcombe Hse, 123-126 Bartholomew St, N'bury, RG14 5BN	Pay what you can. Book: 01635 522733 www.cornexchangenew.com/events
Memory Lane Singing Cafe Reading with Age UK Berkshire	10:30am-12pm 2nd Fri/month	Reading Music Centre, 100 Stoneham Cl, Tilehurst, RG30 4EZ	£3 per person. Book: dfwberkshire@ageukberkshire.org.uk
Memory Lane Singing Cafe Newbury with Age UK Berkshire	10:30-11:30am 3rd Fri/month	Fair Close Day Centre, Newtown Rd, Newbury, RG14 7BH	£3 per person. Book: dfwberkshire@ageukberkshire.org.uk
Movement to Music with Age UK Berkshire	10:30am-12pm 4th Fri/month	Jubilee Annexe, Calcot Centre, Calcot, RG31 4XD	£3 per person. Book: dfwberkshire@ageukberkshire.org.uk
Friendship Cafe Seated exercise, activities	10:30am-12:30pm 2nd & 30th Oct	Newbury Grove, 370 London Rd, Newbury, RG14 2QH	Book: 01635 918670 julie.howick@careuk.com
World Crafts	11am-12:30pm Weekly (not 4th Fri/month)	Corn Exchange Balcony Bar, Market Pl, Newbury, RG14 5BD	Free. To book: 01635 522733. getinvolved@cornexchangenew.co.uk
Music for All - Berkshire Music Trust/ WB Libraries	11am-12pm 2, 9, 16, 23rd	Theale Library, Church St, Theale, RG7 5BZ	Free 0118 930 3207
Music for All - Berkshire Music Trust/ WB Libraries	12:30 pm-1:30pm 2, 9, 16, 23rd	Newbury Library, The Wharf, Newbury RG14 5AU	Free 01635 519900
Music for All - Berkshire Music Trust/ WB Libraries	2pm-3pm 2, 9, 16, 23rd	Hungerford Library, 2 Church St, Hungerford RG17 0JG	Free 01488 682660
Friendship Cafe	2-3:30pm Last Fri of month	Winchcombe Place, Maple Place, Newbury, RG14 1LN	Free Call Emily: 01635 897884 emily.swatton@careuk.com



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SATURDAYS

Falls Prevention Talk Winchcombe Place/Therapies on Thames	SPECIAL EVENT 10th October 2-4pm	Winchcombe Place, Maple Place, Newbury, RG14 1LN	Free Call Emily: 01635 897884 emily.swatton@careuk.com
Gentleman's Club Food - pie, drink, chat	3:30-4:30pm weekly	Winchcombe Place, Maple Place, Newbury, RG14 1LN	Free Call Emily: 01635 897884 emily.swatton@careuk.com

SUNDAYS

Sunday CommuniTEA Food, drink, chat, games	12-3:30pm Weekly	Hungerford Methodist Church Hall, Bridge St, RG17 0EH	Free. All welcome. Hilary 07977 477249 events.hungerfordmethodist@gmail.com
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