



# DEMENTIA ACTION WEEK

Support & activities  
in **West Berkshire**  
for people with dementia  
& their carers



**19-23  
MAY  
2025**

## WHAT'S ON :

**Mon 19<sup>th</sup> May: 10.30am-12pm – Forget-me-not Workshop**

City Arts, 10 Hampton Rd, Newbury. More info: [www.cityartsnewbury.org](http://www.cityartsnewbury.org)

**Mon 19<sup>th</sup> May: 12.30-1.30pm – Dementia Friendly Community Cafe**

Norcroft Leisure Centre, Newbury. More info email: [CallumYates@everyoneactive.com](mailto:CallumYates@everyoneactive.com)

**Tues 20<sup>th</sup> May: 1-2pm – Dementia Friends Session**

4-8 The Broadway, Newbury

**Tues 20<sup>th</sup> May: 10.30am-12pm – Singing for the Brain**

Kennet Valley Free Church, Newbury. More info: 0118 959 6482, email: [berkshire@alzheimers.org.uk](mailto:berkshire@alzheimers.org.uk)

**Tues 20<sup>th</sup> May: 12-1pm – Dementia Friendly Community Cafe**

Hungerford Leisure Centre, Priory Rd, Hungerford. More info email: [CallumYates@everyoneactive.com](mailto:CallumYates@everyoneactive.com)

**Tues 20<sup>th</sup> May: 11am-5pm – Dementia Awareness Day**

Pangbourne Village Hall, Station Rd, Pangbourne. Information stalls, One Voice choir performance

**Weds 21<sup>st</sup> May: 10am-12pm – Reading Football Club Pitch Walk & Dementia Cafe**

Select Car Leasing Stadium (Madjeski), Reading. **\*Booking required**, email [info@ageukberkshire.org.uk](mailto:info@ageukberkshire.org.uk)

**Thurs 22<sup>nd</sup> May: 10-10.30am: Story Time Session (dementia awareness for children)**

**10.30-11am: Reminiscence Activity**

Both events at Newbury Central Library, The Wharf, Newbury

**Thurs 22<sup>nd</sup> May: 9.30-11.30am – Dementia Friends Session**

Berks, Bucks & Oxon Wildlife Trust, Nature Discovery Centre, Lower Way, Thatcham

**Fri 23<sup>rd</sup> May: 10am-1pm – Dementia Action Week Garden Party**

Jubilee Sensory Garden, Brownsfield Road, Thatcham

All events are free, just come along (unless booking specified).  
For more information, use contact details listed above, or call  
Age UK Berkshire: 0118 959 4242, email: [info@ageukberkshire.org.uk](mailto:info@ageukberkshire.org.uk)

