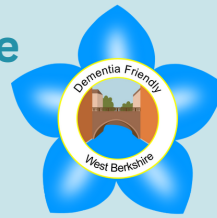








Dementia Friendly West Berkshire

What's On Guide:

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We have lots of **special events** for **Dementia Action Week (19-23 May)**. Look out for the star symbol  to find out more.

	What	Time & date	Where	Details
MON	Ageing Creatively Coffee and Click	9.30am-12pm Every week	Podium Place, 31 Bone Lane, Newbury, RG14 5SH	Free, no booking required. More info: Corn Exchange website
	Ageing Creatively Community Cafe	1-3.30pm Every week	Theale Library, Church St, Theale, RG7 5BZ	Free, no booking required. Email: getinvolved@cornexchangenew.co.uk
	Dementia Action Week Event Forget-me-not Workshop 	10.30am-12pm 19 th May	City Arts, 10 Hampton Road, Newbury, RG14 6DB	Booking required: www.cityartsnewbury.org
	Dementia Action Week Event Dementia Friendly Community Cafe 	12.30-1.30pm 19 th May	Norcroft Leisure Centre, Norcroft Lane, Newbury, RG14 1RS	For info email CallumYates@everyoneactive.com
TUE	Hungerford Dementia Cafe with Bluebird Care, Age UK Berkshire & Dementia Friendly West Berks	10.30am-12pm 13 th May	The Bear Hotel, 41 Charnham St, Hungerford, RG17 0EL	£3 each, inc activity & unlimited tea & coffee. Booking & info: 07384 514277 tamsinjudson@bluebirdcare.co.uk
	One Voice Community Choir	11am Every week	The George Hotel, The Square, Pangbourne, RG8 7AJ	Hot drinks 10.15am, Singing 11am Email: diane2473@btinternet.com
	Social Drop-In Session	2-4pm 6 th & 30 th May	Waterside Youth Centre, Waldegrave Place, Northbrook St, Southcote, RG14 1DS	New session for carers and those living with dementia to get together. Free to attend, just buy a drink. More info email: victoria.howell- jones@ageukberkshire.org.uk
	Nature Memories Cafe	10.30am- 12.30pm 20 th May	Berks Bucks & Oxon Wildlife Trust, Nature Discovery Centre, Muddy Lane, Lower Way, Thatcham, RG19 3FU	Free. Please book online: www.bbowl.org.uk/events or call: 01635 874381
	Sing 55	2-3.30pm Every week	Corn Exchange Learning Centre, Winchcombe House, 123-126 Bartholomew Street, Newbury, RG 14 5BN	£4.50 per session, to book: 01635 522733 or visit www.cornexchangenew.com/events
	Seated Exercise & Wellbeing with Get Berkshire Active	11.15-11.45am Every Tues	Fairclose Centre, Newtown Road, Newbury, RG14 7BH	£1 per person. Email or phone for info & registration: 07706 357801 kate.wiggins@getberkshireactive.org
	Seated Exercise & Wellbeing with Get Berkshire Active	1-1.30pm Every week	Mortimer Library, 27 Victoria Rd, Mortimer Common, RG7 3XD	Free. For info & registration: 07706 357801 kate.wiggins@getberkshireactive.org
	Dementia Action Week Event Dementia Friends Session 	1-2pm 20 th May	4-8 The Broadway, Newbury, RG14 1BA	For further information please contact victoria.howell- jones@ageukberkshire.org.uk
	Dementia Action Week Event Singing for the Brain 	10.30am-12pm 20 th May	Kennet Valley Free Church, RG31 1BA	Call 0118 959 6482 or email berkshire@alzheimers.org.uk
	Dementia Action Week Event Dementia Friendly Community Cafe 	12-1pm 20 th May	Hungerford Leisure Centre, Priory Road, Hungerford, RG17 0AN	More info email CallumYates@everyoneactive.com
	Dementia Action Week Event Dementia Awareness Day 	11am-3pm 20 th May	Pangbourne Village Hall, Station Road, Pangbourne, RG8 7AN	No need to book, just turn up. There will be a variety of information stalls and One Voice community choir will be performing.


See page 2 and 3 for Weds, Thurs, Fri and Sat events

Dementia Friendly West Berkshire

What's On Guide: MAY 2025

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	What	Time & date	Where	Details
W E D S	Memory Cafe	10.30am-12pm 21 st May	Corn Exchange Balcony Bar, Market Pl, Newbury, RG14 5BD	Pay what you can. Booking required. www.cornexchangenew.com/events or call 01635 522733
	Rosemary Cafe	10.30-11.45am 7 th May	Falkland Grange Care Home, Monks Ln, Newbury, RG14 7RW	£2.50 per head. Info & book: 01635 953669 or ffreemantle@fairclosecentre.org
	Dementia Action Week Event Select Car Leasing Stadium Pitch Walk & Dementia Cafe 	10am-12pm 21 st May	Player's Lounge at the Select Car Leasing Stadium (Madejski), Reading	Free. Come along and walk the pitch with some young Reading Football Club players, then join us for information stalls and a dementia cafe in the Players Lounge. To book, email: info@ageukberkshire.org.uk
	MCST (Maintenance Cognitive Stimulation Therapy)	Mornings 14 th & 28 th May	Jubilee Annexe, The Calcot Centre, 3 Highview, RG31 4XD	£5 per person, pre-assessment required. Email: info@ageukberkshire.org.uk
	Evergreen Fellowship - Speakers, worship, refreshments, friendship	2.30-4pm (4th Weds of each month) 28 th May	Wesley Hall, Newbury Methodist Church, RG14 1AN	Donations welcome. Dementia friendly 07444 851606 or karen.f@bhbcircuit.org.uk
	Crib Club	2-4pm 7 th May	The George Hotel, The Square, Pangbourne, RG8 7AJ	Free, just buy a drink!
	Seated Exercise & Wellbeing with Get Berkshire Active	1-1.30pm Every week	Hungerford Library, 2 Church St, Hungerford, RG14 0JG	Free. Info & registration: 07706 357801 or email kate.wiggins@getberkshireactive.org
	Seated Exercise & Wellbeing with Get Berkshire Active	2.30-3pm Every week	Thatcham Community Larder, Frank Hutchings Hall, Bradley Moore Square, RG18 4QH	Free. Info & registration: 07706 357801 or email kate.wiggins@getberkshireactive.org
	Seated Exercise & Wellbeing with Get Berkshire Active	3.30-4pm Every week	Theale Library, Church St, Theale, RG7 5BZ	Free. Info & registration: 07706 357801 or email kate.wiggins@getberkshireactive.org
	Seated Yoga & Mindfulness with Get Berkshire Active	6-6.30pm Every week	Dorman Room, Horseshoe Rd, Pangbourne, RG8 7JH	£2 per person. Info & registration: 07706 357801 kate.wiggins@getberkshireactive.org
Wellbeing Wednesdays - reminiscing sessions	1.30-3.30pm 21 st May	City Arts, 10 Hampton Road, Newbury, RG14 6DB	Includes refreshments. Book: www.cityartsnewbury.org	





See page 3 for Thurs, Fri and Sat events

Tel: 0118 959 4242 | Email: info@ageukberkshire.org.uk | Web: ageukberkshire.org.uk

Dementia Friendly West Berkshire is brought to you by Age UK Berkshire.

All our activities are delivered by trained and DBS-checked staff
from us and our trusted partners.



	What	Time & date	Where	Details
T H U	Community Garden Drop-In	10am-12.30pm Every week	Community Garden, Shaw Hse, Church Rd, Newbury, RG14 2DR	Info: call Amy 07553 810133
	Coffee Companions	10.30am-12.30pm Every week	Corn Exchange Cafe Bar, Market Pl, Newbury, RG14 5BD	Free, no booking required. More info: www.cornexchange.com/events
	Lambourn Friendship Cafe	10.30am-12pm 15 th May	Memorial Hall, Lambourn Junction	Info: email julieblogg@hotmail.com
	Ageing Creatively Cinema Club	11am start 8 th May	Corn Exchange Cinema, Market Pl, Newbury, RG14 5BD	Film - The Penguin Lessons. £10 per ticket - includes sandwich lunch to book: 01635 522733 or visit www.cornexhangenew.com/events
	Seated Dance & Wellbeing with Get Berkshire Active	11.15-11.45am Every week	Blands Court, Reading Road, Burghfield Common, RG7 3BZ	Free. For info & registration: 07706 357801 kate.wiggins@getberkshireactive.org
	Sketch & Stroll in Kintbury	10am-1pm 19 th May	Croft Hall, Hungerford, RG17 9TX	Free, booking required. Visit www.cornexchangew.com/events or call 01635 522733
	Hungerford Memory Worship	2.30-3.30pm 2nd Thurs of each month (8 th May)	Hungerford Methodist Church, Bridge Street, RH17 0EH	Service & refreshments. All welcome. Dementia friendly. 07444 851606 email: karen.f@bhbcircuit.org.uk
	Vintage Adventure	2.30-4pm 3rd Thurs of each month (15 th May)	Thatcham Methodist Church, Chapel St, RG18 4QL	Fun, friendship, worship, refreshments, dementia friendly. 07444 851606 email: karen.f@bhbcircuit.org.uk
	Dementia Action Week Event Storytime Session 	10-10.30am 22 nd May	Newbury Library, The Wharf, Newbury, RG14 5AU	Free, no booking required. Special Dementia Action Week activity for children
	Dementia Action Week Event Reminiscence Activity 	10.30-11.15am 22 nd May	Newbury Library, The Wharf, Newbury, RG14 5AU	Free, no booking required
Dementia Action Week Event Dementia Friends Session 	9.30-11.30am 22 nd May	Berks, Bucks & Oxon Wildlife Trust, The Nature Discovery Centre, Muddy Lane, Lower Way, Thatcham, RG19 3FU	Free. To book contact: victoria.howell-jones@ageukberkshire.org.uk	
F R I	Memory Lane Reading	10.30am-12pm 9 th May	Reading Music Centre, 100 Stoneham Cl, Tilehurst, RG30 4EZ	£2.50 per person. Book: info@ageukberkshire.org.uk
	Memory Lane Newbury	10.30am-12pm 15 th May	Fair Close Day Centre, Newtown Rd, Newbury, RG14 7BH	£2.50 per person. Book: info@ageukberkshire.org.uk
	Movement to Music Seated exercise & dance	10.30am-12pm 23 rd May	Jubilee Annexe, Calcot Centre, 3 Highview, Calcot, RG31 4XD	£2.50 per head. Info & book: info@ageukberkshire.org.uk
	Singing for Recovery	9.45-11am Every week	Corn Exch. Learning Centre, Winchcombe Hse, 123-126 Bartholomew St, Newbury, RG14 5BN	Pay what you can. Book: 01635 522733 www.cornexchangew.com/events
	World Crafts	10.30am-12pm Every week	Corn Exchange Balcony Bar, Market Pl, Newbury, RG14 5BD	Booking required. 01635 522733 www.cornexchangew.com/events
	Dementia Action Week Event Garden Party 	10am-1pm 23 rd May	Jubilee Sensory Garden, Brownsfield Road, Thatcham, RG18 3HF	No need to book- just turn up!
	Friendship Cafe	10.30am-12pm 23 rd May	Newbury Grove, 370 London Rd, Newbury, RG14 2QH	Free. Socialise, seated exercise, activities & refreshments. Book: contact Coral Elvin 01635 918670 email coral.elvin@careuk.com
S U N	Sunday CommuniTea	12-3.30pm Every week	Hungerford Methodist Church Hall, Bridge St, RG17 0BZ	Free. Hot drinks, light meal, chat & board games. Drop in, all welcome.